

National COVID-19 Resources for Children:

- **Families USA:** [Highlights from the States- Innovative Programs to Support Children during COVID-19](#)
- **Fred Rogers Center:** [When Someone Your Child Loves Dies](#)
- **Good Grief:**
 - [Grief in Developmental Stages](#)
 - [10 Tips for Creating a Safe Classroom for Grieving Children](#)
 - [COVID-19 Resources](#)
- [Helping Homebound Children During the COVID-19 Outbreak](#)
- [Council on Social Work Education's Center for Diversity and Social & Economic Justice: Supporting Students](#)
- [National Council for Behavioral Health's COVID-19 Office Hours on Children, Youth and Families](#)
- **From the Child's Mind Institute:**
 - [Will My Child Bounce Back From the Coronavirus Crisis?](#)
 - [Helping Kids Face the Challenges of Reopening](#)
 - [Ask the Expert: My Son Is Passionate about Participating in the Black Lives Matter Protests, but We Live with My Elderly Father](#)
 - [12 Tips to Raise Confident Children](#)
 - [Helping Children Deal with Grief](#)
 - [Tips for Calming Anxious Kids](#)
 - [Support for Kids with ADHD During the COVID-19 Crisis](#)
 - [Autism and the Coronavirus: Resources for Families](#)
 - [Anxiety and Coping With the Coronavirus](#)
 - [Twice daily Facebook Live videochats featuring our expert clinicians](#)
 - [Remote evaluations and telemedicine](#)
 - [Flat-fee phone consultations for problem behavior](#)
 - [Daily parent tips on childmind.org](#)
 - [Comprehensive coronavirus resources for parents on childmind.org](#)
 - [Talking to kids about coronavirus](#)
 - [How to support children during the coronavirus crisis](#)
 - [How to avoid passing anxiety onto children](#)
 - [How to make home feel safe for kids:](#)
 - [Click here to view on Instagram.](#)
 - [Click here to view on Facebook](#)
 - [Click here for the Child Mind Institute's comprehensive coronavirus resource page](#)
 - **Spanish Resources from Child Mind Institute:**
 - [Síguenos en Facebook](#)
 - [Veá nuestro Facebook Live sobre ansiedad el viernes a las 11 a.m.](#)
 - [Cómo apoyar a los niños durante la crisis del coronavirus](#)
 - [Telehealth for Kids](#)

- [How to Find a Telehealth Provider for Your Child](#)
- [Signs of Depression During the Coronavirus Crisis](#)
- [Treatment for Depression](#)
- [How Mindfulness Can Help During COVID-19](#)
- [How to Help Kids Handle Disappointment](#)
- [How to Ask What Kids Are Feeling](#)
- [12 Tips for Raising Confident Kids](#)
- [How Can We Help Kids with Self-Regulation?](#)
- [Why Do Kids Have Tantrums and Meltdowns?](#)
- [Increasing Cooperation in Kids with Autism](#)
- [10 Tips to Help Dads and Daughters Stay Close](#)
- [Helping Kids Who Are Too Controlled](#)
- [ADHD and Substance Abuse](#)
- [Signs of Depression During the Coronavirus Crisis](#)
- [Treatment for Depression](#)
- [Changing Negative Thinking Patterns](#)
- [How to Help Self-Critical Children](#)
- [Warning Signs of Psychosis in Teens](#)
- [What is Premenstrual Dysphoric Disorder \(PMDD\)](#)