



**Rutgers University Behavioral Healthcare (UBHC)
Family Information and Resource Session for
Substance Use Disorders
Facilitated by: CMC: Foundation for Change**

Substance use is a personal experience.

It affects families and loved ones as much as the individual.
Our communities heal and recover with care that is collaborative
and compassionate, supported by research and education.



Live, Webinar, held via Rutgers
HIPAA compliant Zoom

Thursday May, 5th 2022
7 pm - 8 pm EST

[Register Today](#)

Bring your questions, concerns and insights
as we come together, to support each other
and those impacted by substance use.

*** Questions asked in registration form will be addressed anonymously***

[CMC Foundation for Change offers free downloads of The Invitation to Change. A Short Guide.](#) Each individual chapter of A Short Guide can be downloaded for free as a standalone PDF. These free downloads contain all the same text and exercises as the digital and print editions—the only difference is that they are free, to ensure that anyone who needs this information has access to it. However, we do encourage you to purchase a print or digital edition if you are able to, so that you can support our work providing free and low-cost services to communities.

