

## Responding to COVID-19 Webinars, Mutual Support, and Resources

We are in the midst of a challenging time coping with the COVID-19 public health crisis. The Northeast and Caribbean MHTTC seeks to support the behavioral health workforce with products, resources, and webinars aimed at addressing your current needs.

### WEBINARS:

#### ***Provider Wellness During a Public Health Crisis***

A public health crisis causes distress for all involved, including providers of behavior health services. Attending to our personal wellness during this time is just as important as supporting individuals receiving services. This webinar highlights specific tools, strategies, and resources that promote provider wellness.

Wednesday, April 1, 2020 12:00 noon - 1:00 pm ET

[Register](#)

### **MUTUAL SUPPORT CALLS FOR THRIVING AT WORK DURING COVID-19:**

The Northeast and Caribbean MHTTC wants to support you and your work during this unprecedented public health crisis. And we know you want to support each other! Many of you have created unique strategies for meeting your current needs, but you may still also be grappling with questions or looking for better ways of doing things. To help facilitate support and the sharing of resources and ideas, we will be facilitating **Mutual Support Calls for Thriving at Work During COVID-19**. Please register to join any of the calls below. You can join one, two, or all three calls.

#### ***Mental Health Administrators***

Facilitated by Tony Zipple and Amy Spagnolo

Tuesdays at 12:00 noon - 1:00 pm ET

March 31, April 7 and 14

[Register](#)

#### ***Mental Health Supervisors***

Facilitated by Tom Bartholomew and Joni Dolce

Thursdays at 2:00 pm - 3:00 pm ET

April 2, 9, and 16

[Register](#)

#### ***Mental Health Direct Service Providers***

Facilitated by Anthony Zazzarino and Dawn Reinhardt-Wood

Thursdays at 12 noon - 1:00 pm ET

April 2, 9, and 16

[Register](#)

### HELPFUL RESOURCES:

Check out these quick Fact Sheets to support you and your program participants

- [Tools for Behavioral Health Professionals During a Public Health Crisis](#)
- [Taking Care of Yourself During a Public Health Crisis](#)

***Last, but not least ...***

Your input is very valuable to us and we invite you to contact our Center with your training concerns and needs.

Please take care of yourself and each other.

***The Northeast and Caribbean MHTTC Team***

***Questions?***

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