

[The Arc of NJ Family Institute](#) - The Institute helps families caring for a loved one with I/DD find the tools and resources they need to navigate the system of care. If you're a family in need of support during this unsettling time, reach out to the Institute at **Lford@arcnj.org**.

[Planning for Adult Life](#) - Planning for Adult Life is a statewide project funded by the NJ Division of Developmental Disabilities (DDD) to assist young adults (between the ages of 16-21) with developmental disabilities and their families in charting a life course for adulthood. With all of New Jersey schools closed to prevent the spread of COVID-19, now is the time to reach out to the Planning for Adult Life Program with issues pertaining to special education. Email **HelpDesk@planningforadulthood.org**.

[Criminal Justice Advocacy Program](#) - CJAP serves as a clearinghouse for information about offenders, victims and witnesses with developmental disabilities, and serves as a liaison between the criminal justice and human service systems, monitoring the quality of care and service provided to those with developmental disabilities as they move from one system to another. If you or a loved one need assistance in this arena, email **Joppenheim@arcnj.org**.

[Mainstreaming Medical Care](#) - The Mainstreaming Medical Care Program promotes quality health care for people with developmental disabilities throughout New Jersey. Whether you have questions about Medicaid benefits in regards to recent developments or the possibility of telehealth to avoid an in-person appointment, the Mainstreaming Medical Care program can assist you as you navigate these uncertain times. **[Email: BRoberts@arcnj.org](mailto:BRoberts@arcnj.org)**

[New Jersey Self-Advocacy Project](#) - The New Jersey Self-Advocacy Project supports individuals with I/DD throughout the state and provides resources and trainings on a variety of topics. In addition, their Healthy Lifestyles Project is currently producing a number of outstanding publications to help individuals with I/DD through COVID-19. This includes their *Positive Pulse* newsletter which is highlighting ways to cope with stress, explore relaxation techniques and discover at-home exercises. You can reach the Project at **Aritchey@arcnj.org**.

[Project HIRE](#) - The Arc of New Jersey's Project HIRE is a supported employment program designed to connect people with disabilities to competitive employment opportunities in their community. If you or your loved one is interested in competitive employment, email **AKubler@arcnj.org**.

[Training and Consultation Services](#) - Provides staff training and technical assistance to Supported Employment Providers, Support Coordinators, Self Advocates, Families and Schools throughout the state of New Jersey. Contact **WAnderson@arcnj.org** for more information.

[Camp Jaycee](#) - Camp Jaycee is a residential summer camp for adults with intellectual and developmental disabilities, located in the Pocono Mountains. As we look ahead toward brighter days, email **ngoodwin@campjaycee.org** for more information about the camp and the services it offers.